



MASTER YOUR SUPERPOWERS

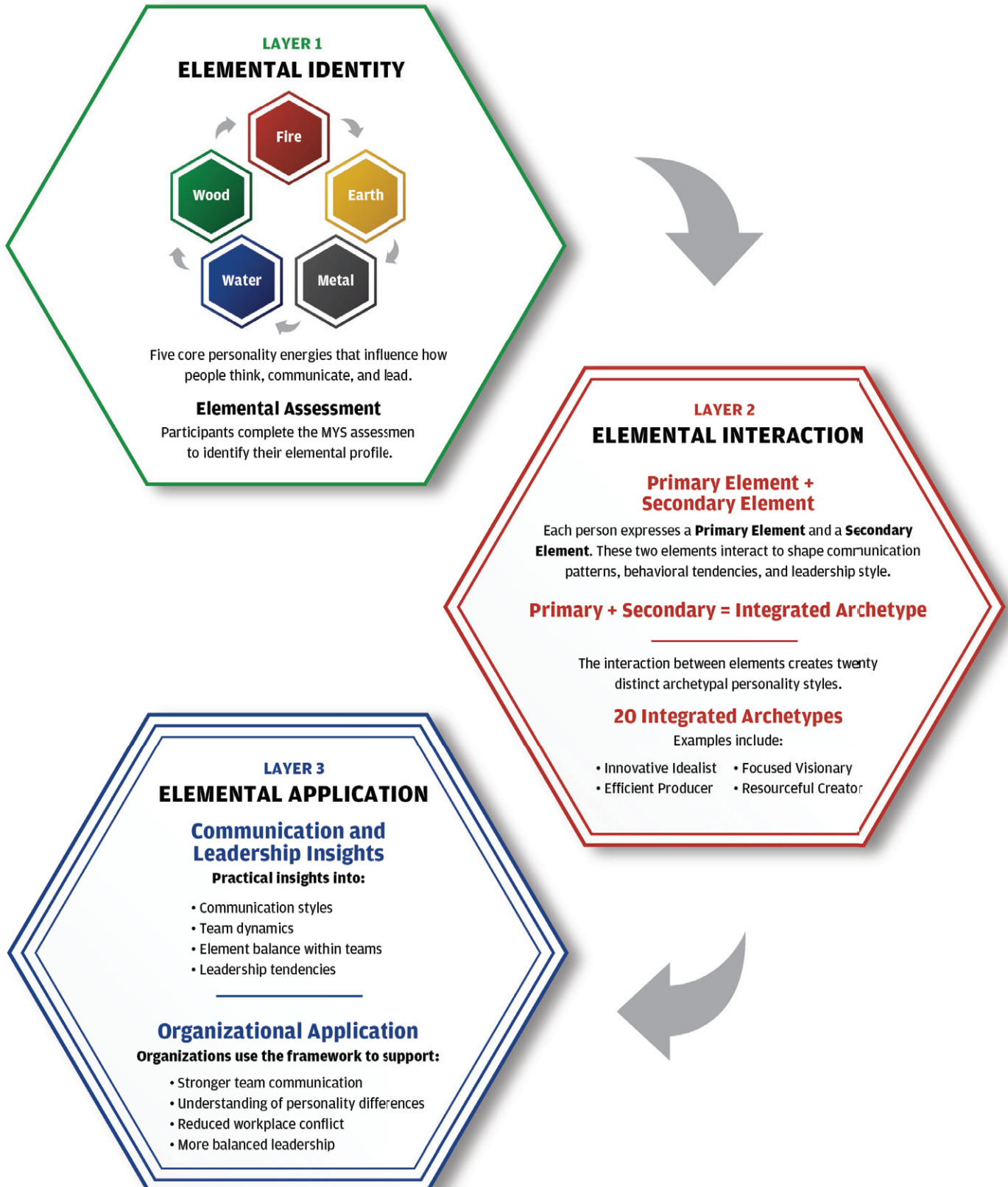


THE MASTER YOUR SUPERPOWERS™ METHOD

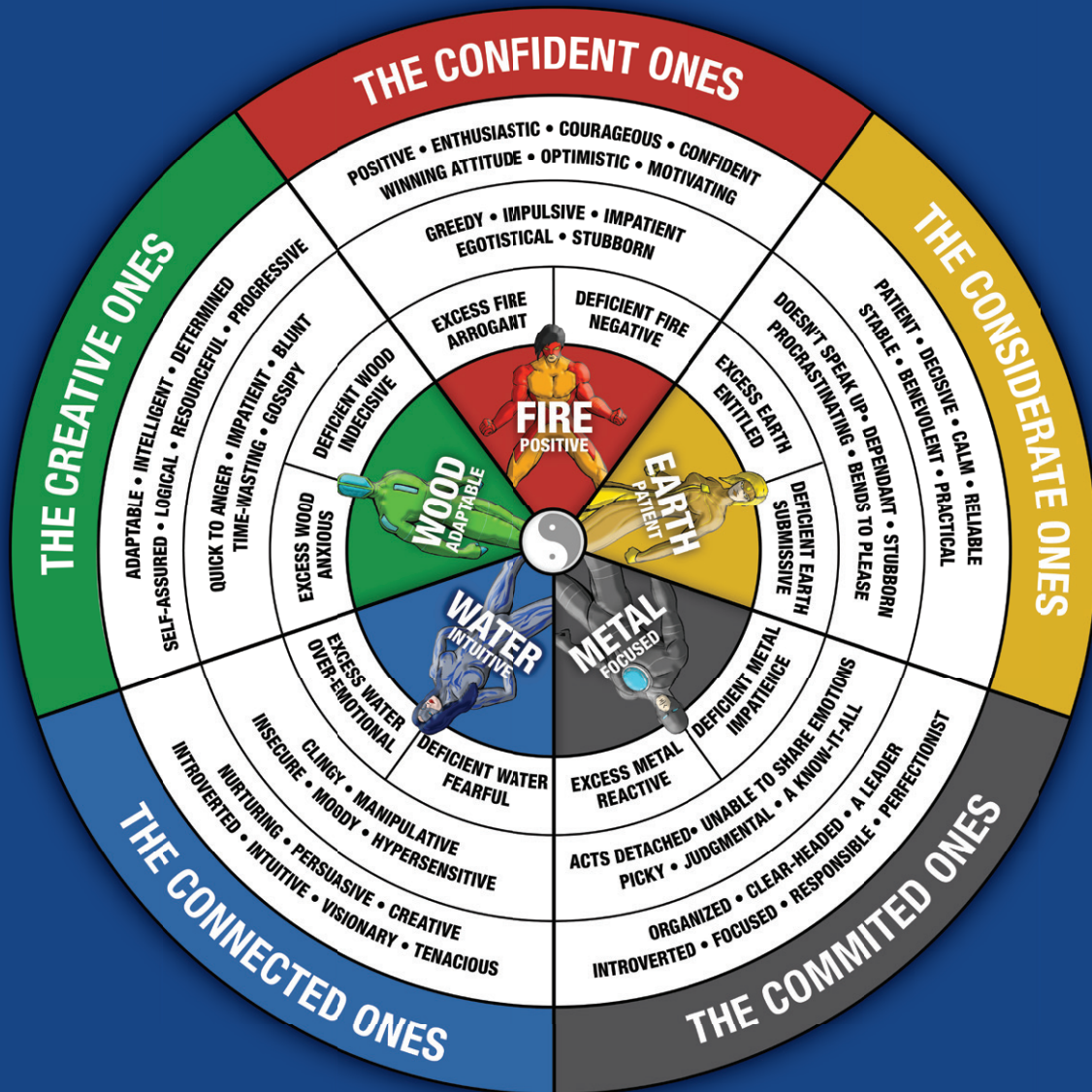
A Five Element personality assessment and leadership system for understanding how people think, communicate, and work together. Used by organizations ranging from global corporations to government agencies.

FRAMEWORK

The MYS system is based on the Five Elements philosophy, which recognizes five core personality energies:



THE FIVE ELEMENT PERSONALITIES



The Master Your Superpowers Method is based on the Five Elements of Eastern philosophy

WOOD FIRE EARTH METAL WATER

These five core personality energies influence how people think, communicate, lead, and respond to challenges.

By understanding these elemental patterns, individuals and teams gain a simple and powerful language for recognizing strengths, navigating differences, and improving collaboration.

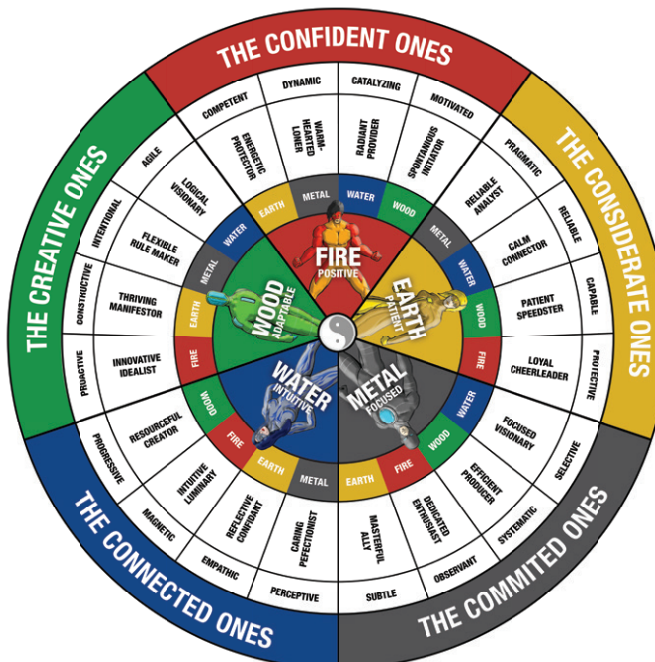
INTEGRATED ARCHETYPES

Each person expresses a Primary Element and a Secondary Element. These two elements interact to form one of twenty distinct Elemental Archetypes, revealing distinct communication styles and leadership tendencies.

MATRIX VIEW

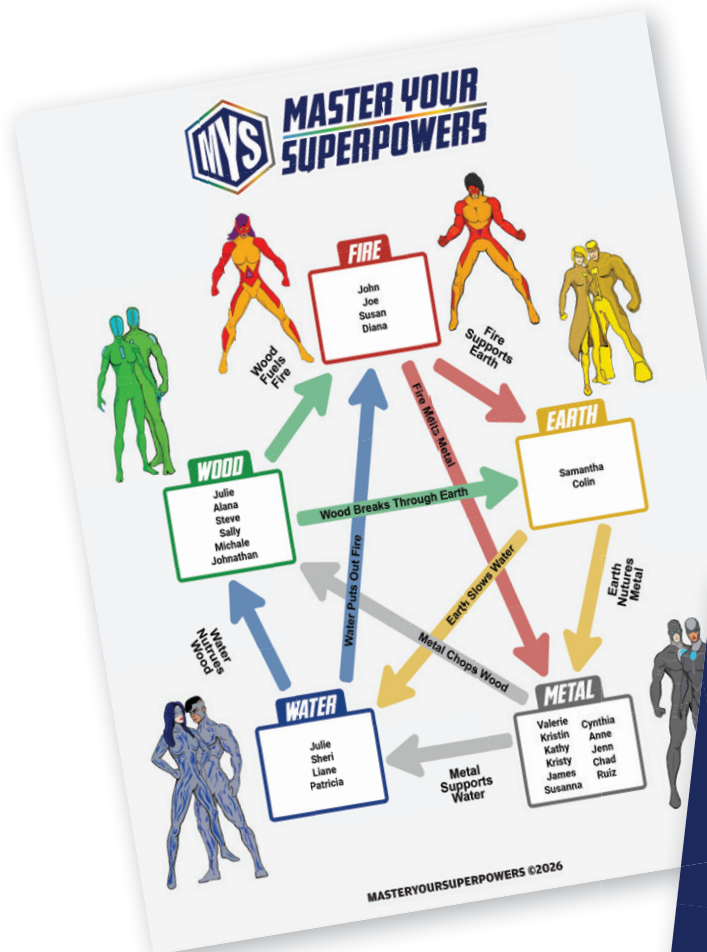
PRIMARY ► SECONDARY ▼	<i>WATER</i>	<i>WOOD</i>	<i>FIRE</i>	<i>EARTH</i>	<i>METAL</i>
<i>WATER</i>	 Wood - Water LOGICAL VISIONARY	Fire - Water RADIANT PROVIDER	Earth - Water CALM CONNECTOR	Metal - Water FOCUSED VISIONARY	
<i>WOOD</i>	Water - Wood RESOURCEFUL CREATOR	 Fire - Wood SPONTANEOUS INITIATOR	Earth - Wood PATIENT SPEEDSTER	Metal - Wood EFFICIENT PRODUCER	
<i>FIRE</i>	Water - Fire INTUITIVE LUMINARY	Wood - Fire INNOVATIVE IDEALIST	 Earth - Fire LOYAL CHEERLEADER	Metal - Fire DEDICATED ENTHUSIAST	
<i>EARTH</i>	Water - Earth REFLECTIVE CONFIDANT	Wood - Earth THRIVING MANIFESTOR	Fire - Earth ENERGETIC PROTECTOR	 Metal - Earth MASTERFUL ALLY	
<i>METAL</i>	Water - Metal CARING PERFECTIONIST	Wood - Metal FLEXIBLE RULE-MAKER	Fire - Metal WARM-HEARTED LONER	Earth - Metal RELIABLE ANALYST	

HOLISTIC VIEW



ELEMENTAL TEAM DYNAMICS

The **Master Your Superpowers Method** can be used to map how elemental energies interact within teams.



Example:
Elemental Interaction Map
(Team Analysis)

Example:
Team Element
Distribution Chart



When teams map their elemental profiles together, patterns emerge that reveal communication strengths, potential friction points, and ways to balance team energy.

MASTER YOUR SUPERPOWERS IN CONTEXT

Many organizations use personality frameworks to better understand communication and collaboration. The MYS Method builds on this tradition while introducing a dynamic elemental system for understanding how individuals and teams interact.

COMPARISON TABLE

FRAMEWORK	CORE MODEL	STRUCTURE	PRIMARY FOCUS
MASTER YOUR SUPERPOWERS™	Five Element energy dynamics based on Eastern philosophy	5 Elements and 20 distinct Elemental Archetypes	Personality awareness, communication, leadership, and team dynamics
DISC	Behavioral style model	4 behavioral styles	Communication styles and behavioral tendencies
MBTI	Jungian psychological preference model	16 personality types	Personality preferences and decision-making styles
INSIGHTS DISCOVERY	Personality color model inspired by Jungian theory	4 color energies and 8 types	Self-awareness, communication, and workplace relationships

TEAM DYNAMICS VISIBILITY

FEATURE	MASTER YOUR SUPERPOWERS™	DISC	MBTI	INSIGHTS
Team Dynamics Visualization	Visual team energy mapping using Elemental Interaction and Distribution charts	Limited	Limited	Some team color mapping

What Makes Master Your Superpowers Unique

- Integrates personality awareness with team energy dynamics
- Provides visual tools for mapping team interaction and energy balance
- Uses the Five Elements model to offer a holistic perspective on human behavior
- Creates a shared language for improving communication, leadership, and collaboration



**SOME OF THE ORGANIZATIONS THAT USE
MASTER YOUR SUPERPOWERS:**



Prudential



ATHLETA

**POWER@MASTERYOURSUPERPOWERS.COM
MASTERYOURSUPERPOWERS.COM**